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The True Medicine

Oliva Sabuco de Nantes Barrera



EDITED & TRANSLATED BY GIANNA POMATA

One of the first printed medical texts to be attributed to a female author, *The True Medicine* (1587) is radically innovative in its rejection of contemporary medical theory for a more pro-feminist physiology and cosmology. Pomata does not conclusively solve the puzzle of whether this influential and fascinating work was written by Oliva Sabuco or her father, but she offers a masterly review of the evidence. This splendid translation, together with its authoritative introduction and annotations, will be of the greatest interest to scholars and teachers in the history of science and medicine, women's history, and early modern studies.

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ISBN 978-0-7727-2067-2

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